STAFFORD SHORES ACTIVITIES MARCH 2025

11:00 Morning Dance Break

2:45 Lotion Hand Massages

4:00 IN2L Crossword Puzzles

5:45 Saxophone with Jordyn

1:30 Nature Relaxation Session

Ramadan

11:00 Balloon Volleyball 1:30 Devotion & Hymn Sing

4:00 Best Friends 1-on-1 Hour

3:00 Kevin in Concert

5:45 Picture Book Club



Sun Wed Thu Sat ALWAYS AVAILABLE FOR INDEPENDENT ENGAGEMENT **CALENDAR KEY** All activities are subject to change based on new 10:00 Garden Club with Dominoes, puzzles, playing cards, adult coloring, circumstances or resident request. Alternatives will be Master Gardeners nursery room, books to borrow, instruments for public use, **Bold** - In house performer provided as appropriate. Please contact Emily at 11:15 Saturday Streeeetch IN2L activities (see staff to turn on IN2L TV), Green - Upstairs performer ESmith@TheMayflower.com for any questions or comments 1:30 Cookies & Card Games art supplies, & more! regarding activities in Stafford Shores. Blue - Outing 3:30 Mystery IN2L Activity Red - Families only 5:45 Piano Singalong with Sue 5 10:00 What's in the Bag?! 10:00 Garden Club with 10:00 Twister Mat Toss 10:00 Finish the Lyrics 11:00 Sunday Hymn Sing 11:00 Instrument Jam Session 10:30 Charades! 11:15 Pool Noodle Workout Master Gardeners 11:15 Armchair Travel: Alabama 11:15 Strolls Around the Lake 1:30 Musical Ball Toss 1:30 Nature Relaxation Session 2:00 Stafford Shores Anniversary 1:30 Saxophone & Festive Treats 1:30 Making Pretzels+Beer Cheese 2:00 Memory Chi! 1:30 Yoga with Marsha 2:45 LEGO Construction 3:30 What Does Your 3:00 Stay Fit with Sarah 3:00 Manicures & Gentleman's Hour Party with Steel Drum Music! 3:30 BINGO with April! 3:00 Allerton Cove Karaoke! 4:00 Best Friends 1-on-1 Hour Name Mean? 3:45 Decorating Mardi Gras Masks 4:00 Resident Council Meeting 3:30 Leprechaun Hat Craft 5:45 Susie Q Singalong 5:45 Movie & Sweet Tea 5:45 Table Tennis 5:45 Lotion Hand Massages 5:45 Dominoes 5:45 Mardi Gras Family Feud! 5:45 This Month in History 11 10:00 Rhythm Circle 12 10:15 Morning Dance Break 10:30 Ballroom Dancers 10 11:00 St. Patrick's Day 14 10:00 Garden Club with 11:00 Seated Zumba 11:30 Lunch Trip to Olive Garden 1:30 Nature Relaxation Session Bracelet Making 11:30 Yoga with Jennifer 10:30 Irish Music Singalong 1:30 Devotion & Hymn Sing Master Gardeners 2:00 Shamrock Cookie Decorating 2:45 Balloon Volleyball 1:30 Resident Pick IN2L Singalong 1:30 Baking Shamrock Cookies 2:00 Memory Chi! 2:30 Afternoon Tea Party 11:15 Saturday Streeeetch 2:45 Manicures & Gentleman's Hour 3:30 Music & Legacy: 4:00 Best Friends 1-on-1 Hour 4:00 Lotion Hand Massages 3:00 Stay Fit with Sarah 1:30 Pipe Cleaner Flowers 3:30 Button Artscapes Hank Williams 5:45 Watercolor Class with Sue 4:00 The Johnny Appleseed Story 4:00 Rummikub Corner 5:45 Daylight Savings Time: 3:00 Ginger in Concert 5:45 Jenga Blocks 5:45 Resident Pick Table Games 5:45 Learn to Crochet! 5:45 Four Leaf Clover Hunt Who/What/When/Where/Why? 5:45 Picture Book Club 20 10:00 Musical Ball Toss 7 10:00 Pool Noodle Workout 18 10:00 Yoga with Marsha 10:30 Nature Relaxation Session 19 10:00 Name That Tune 21 10:00 Garden Club with 11:00 Bubbles in the Garden 11:15 Folktale Photo Match 11:15 Fact or Fiction?! 11:15 Learn How to Yodel! 2:00 Music with the Joy Ukulele Master Gardeners 11:15 Staff Chalk Art Contest! 1:30 Devotion & Hymn Sing 2:00 March Birthday Party with 2:00 Memory Chi! 2:00 Therapy Dog Visit Club + Green Drinks & Snacks! 11:15 Saturday Streeeetch 1:30 Ballroom Dance with Joe 3:00 Steve in Concert 2:30 Manicures & Gentleman's Hour Emily's Favorite Songs! 3:00 Resident Birthday Party 3:30"Choose Your Own Adventure" 1:30 Baking Lucky Charms Treats 3:00 Dementia Support Group 4:00 Best Friends 1-on-1 Hour 3:45 Flashlight Scavenger Hunt with Mike & Erik 3:45 Musical BINGO! St. Patrick's Day Play 3:00 Shakespearean Lingo Trivia 3:30 Springtime Jeopardy! 5:45 Lotion Hand Massages 5:45 Balloon Baseball 5:45 Adult Coloring Circle 5:45 Qwirkle Matching 5:45 Armchair Travel: Ireland 5:45 Comhole Toss 5:45 Puzzles with Friends 24 10:00 Putt Putt Golf Practice 23 11:00 Instrument Jam Session 25 10:00 Strolls Around the Lake 26 10:00 Seated Zumba 28 10:00 Garden Club with 11:00 Parachute Play 10:30 Mr. Barr Jazz Band 11:15 Learn About Butterflies! Master Gardeners 1:30 Nature Relaxation Session 11:15 Rhythm Circle 11:15 Pictionary! 1:30 Devotion & Hymn Sing 2:00 Memory Chi! 2:00 Therapy Dog Visit 1:30 Baking Irish Soda Bread 1:15 Outing to Kelly's Ice Cream 11:15 Saturday Streeeetch 2:30 Fruit & Cheese Social 3:00 Willie C. in Concert 3:00 Rummikub Corner 3:00 Stay Fit with Sarah 2:45 Manicures & Gentleman's Hour 2:00 Bread, Butter, Balloon Burst 1:30 Banjolele with Emily with April 4:00 Best Friends 1-on-1 Hour 4:00 Disco Bowling League 3:45 Boy Bands Old & New 3:45 Resident Pick IN2L Trivia 3:45 Stay Smart with Leigh 3:30 Broadway Classics Singalong 3:30 Mystery IN2L Activity 5:45 Lotion Hand Massages 5:45 Chats Over Hot Chocolate 5:45 Basketball Freethrow 5:45 Spa Face Masks 5:45 UNO! 5:45 Broom Ball 5:45 Resident Pick Table Games

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International

Women's Day



THE MAYFLOWER AT WINTER PARK



Distinctive Senior Living