



WINSLOW DINING

# Menu

*Sunday Brunch – March 16<sup>th</sup>*

## *Starters*

### **Lentil Soup (2)**

Green Lentils & Vegetables in a  
Chicken Broth

### **Roasted Peach Salad (3)**

Roasted Peaches, Goat Cheese &  
Arugula with Citrus Dressing

### **Lemon Artichoke Soup (2)**

Artichoke Hearts, Spinach, Herbs &  
Lemon in a Chicken Broth

### **House Salad (2)**

Chopped Romaine, Cherry Tomatoes,  
Cucumber, Shaved Carrots, Red Onion,  
Choice of Dressing

### **Fresh Fruit Display (5)**

Sliced Fresh Fruit & Garden Berries

### **Green Goddess Salad (2)**

Fresh Bibb Lettuce & Green Vegetables  
with Green Goddess Dressing

## *Entrées*

### **3 Chocolate Chip Pancakes (12)**

Whipped Butter

### **Chef's Brunch Creation (15)**

Ask Your Server about  
Today's Culinary Creation

### **Teriyaki Grilled Salmon (12)**

### **Broccoli & Cheddar Quiche (12)**

### **Mayflower Breakfast (15)**

Over Easy or Scrambled Eggs,  
Bacon or Sausage, Breakfast Potatoes,  
Jam, Toast

### **Roasted Porkloin (12)**

Balsamic Fig Demi Glaze

## *Accompaniments*

**Crispy Breakfast Hashbrowns (2)**

**Buttered Grits (2)**

**Applewood Smoked Bacon (3)**

**Scrambled Eggs (2)**

**Sage Maple Sausage (3)**

**Steamed Zucchini (2)**

**Baked Sweet Potato (2)**

**Herb Roasted Potatoes (2)**

## *Beverages*

**Coffee - Barnies Blend**

**Cappuccino (3), Latte (3), Espresso (3)**

**Sodas (2):** Coke, Diet Coke, Sprite, Ginger Ale,  
Tonic, Sparkling Water

**Hot/Iced Tea, Lemonade**

**Juices (2):** Cranberry, Orange,  
V8 Juice (*low sodium*)

**Milk (1):** Whole, Skim



WINSLOW DINING

# Menu

Monday – Saturday March 17<sup>th</sup> – March 22<sup>nd</sup>

## *Bread & Butter:*

Soft Dinner Roll  
Sun-Dried Tomato Butter

## **Lentil Soup (2)**

Green Lentils & Vegetables in a  
Chicken Broth

## **House Salad (2)**

Chopped Romaine, Cherry Tomatoes,  
Cucumber, Shaved Carrots, Red Onion,  
Choice of Dressing

## **Marinated Grilled Flank Steak (12)**

## **Marry Me Chicken (12)**

Sautéed Breaded Chicken Breast,  
Creamy Tomato Sauce,  
Heirloom Tomatoes, Basil & Parmesan

## *Starters*

## **Roasted Peach Salad (3)**

Roasted Peaches, Goat Cheese &  
Arugula with Citrus Dressing

## *Entrées*

## **Chef's Creation (15)**

Ask Your Server about  
Today's Culinary Creation

## **Grilled/Steamed Protein**

Chicken (7)  
Shrimp or Salmon (15)

## *Accompaniments*

## **Basmati Rice (2)**

## **Herb Roasted Potatoes (2)**

## **Baked Sweet Potato (2)**

## **Baked Potato (2)**

## *Sauces:*

Chimichurri Sauce, Citrus Butter,  
Sun-Dried Tomato Cream Sauce

## **Lemon Artichoke Soup (2)**

Artichoke Hearts, Spinach, Herbs &  
Lemon in a Chicken Broth

## **Green Goddess Salad (2)**

Fresh Bibb Lettuce & Green Vegetables  
with Green Goddess Dressing

## **Fresh Catch (12)**

Ask your server for the Fresh Fish of the Day

## **Indian Butter Chick Peas (12)**

Basmati Rice

## **Steamed Zucchini (2)**

## **Steamed Cauliflower (2)**

## **Sautéed Cabbage (2)**

## **Garlic Spinach (2)**

## *Beverages*

Coffee - Barnies Blend

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,

Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange,

V8 Juice (low sodium)

Milk (1): Whole, Skim

For reservations call 407-543-8248



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# Menu

## *Weekly Theme Entrées*

### **MONDAY – Homestyle Day (15)**

Lasagna with Marinara - Served with Garlic Bread

### **TUESDAY – International Day (15)**

Pernil with Arroz Con Gandules, Sweet Plantains

### **WEDNESDAY– Shrimp Day (15)**

Teriyaki Shrimp with Lo Mein Noodles

### **THURSDAY– Specialty Sandwich Day (15)**

Philly Cheese Steak with BBQ Chips

### **FRIDAY– Favorites Day (15)**

Fried Chicken, Mashed Potatoes & Corn on the Cobb

### **SATURDAY– Hearty Salad Day (15)**

Steak House Salad – Iceberg, Grilled Flank Steak, Blue Cheese, Tomatoes, Onions, Blue Cheese Dressing & Balsamic Glaze

## *Deli Sandwich Selections*

*Fries, Chips, or side of Fruit (2)*

*(Choice of White, Wheat & Rye Breads are Available for Substitution)*

### **The Club (8.5)**

Turkey, Ham, Bacon, American & Swiss Cheeses, Lettuce, Tomato on Toasted White Bread

### **BLT (7.5)**

Applewood Smoked Bacon, Lettuce, Tomato, Herb Mayo on Toasted White Bread

### **Chicken, Tuna, or Egg Salad (8)**

Served on Toasted Wheat Bread

### **The Mayflower Burger (12)**

Lettuce, Onion, Tomato, Pickle, Herb Mayo on a Toasted Brioche Bun

*Substitute Turkey, Chicken, or Beyond Meat for (2)*

### **All Beef Hot Dog (7)**

## **Hours of Operation**

Monday – Saturday 11am – 7:30pm

Sundays/Holidays 11am – 3pm

## *To Go Info*

Delivery Times 1:30pm, 4:30, 5:30pm

Last Pick Up 5:30pm / Sundays -2pm

## **Place an order**

407-672-1603

or

321-397-1152

*Delivery charge \$6.00*



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# Menu

## Desserts

### **Dessert of the Day (3)**

Ask your server

### **Ice Cream (3)**

Vanilla, Chocolate, Strawberry, *Variety*

### **Frozen Yogurt (3)**

Vanilla (*Sugar Free*), *Yogurt of the Day*

### **Cookies (3)**

Chocolate Chip, Oatmeal Raisin, *Variety*

### **No Sugar Added (3)**

Cheesecake, *Variety*

### **Fruit (5)**

Seasonal Assortment

(Ask your server for the days *Variety Selections!*)

