The Mayflower Assisted Living March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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						11:00 Jewish Pavilion/Il 11:00 Memory Chi 3:00 Bingo 4:00 Rummikub
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9:30 Catholic Mass 10:30 Bingo with the Volunteers 2:00 Chair Exercise 3:00 Janie's Variety Music Show	10:30 Sing Along Time 2:00 Outdoor Strolls 3:00 Movin' with Maddie 4:00 Refreshments	10:30 Armchair Travel to New Orleans 2:00 Get Strong with Sarah 3:00 Mardi Gras King Cake	10:00 Devotions & Hymns 11:00 ChairExercise 2:00 Watercolor Hour 3:00 Refreshment Cart	10:00 Chair Exercise 10:30 Sing Along Time 3:00 Sixties By Two Band	10:30 Bingo 2:00 Chair Exercise 3:00 Bean Bag Toss 4:00 Outdoor Strolls	11:00 Memory Chi 2:00 Rummikub 3:00 Bingo 4:00 Chair Exercise
9	10	11	12	13	14	15
9:00 Morning Meditation 9:30 Catholic Mass 10:45 Chair Exercise 3:30 Music with Ginger!	10:30 Sing Along Time 2:00 Craft Time 3:00 Movin' with Maddie 4:00 Refreshments	10:30 Music Bingo 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Volunteer Visits	10:00 Devotions & Hymns 11:00 Exercise with Jen 3:00 Monthly Birthday Party with Jazzy Jon	10:00 Chair Exercise 10:30 Music Bingo 3:00 The Rick & Patti Show	10:30 Bingo 2:00 St. Patrick's Day Trivia 3:30 St. Patrick's Day Craft	11:00 Memory Chi 2:00 Rummikub 3:00 Bingo 4:00 Chair Exercise
9:30 Catholic Mass 16	17	18	19	20	21	22
10:30 Bingo with the Volunteers 2:00 Chair Exercise 3:00 Janie's Variety Music Show	10:30 Sing Along Time 2:00 Armchair Travel to Ireland 3:00 St. Patrick's Day Party with Rick & Patti	10:30 Music Bingo 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:30 Harmony 123 Music Show	10:00 Devotions & Hymns 11:00 Exercise with Jen 2:00 Watercolor Hour 3:00 Refreshment Cart	10:00 Chair Exercise 10:30 Sing Along Time 3:00 Sixties By Two Band	10:30 Bingo 2:00 Sing Along on the iN2L 3:00 Hand & Nails	11:00 Memory Chi 2:00 Rummikub 3:00 Bingo 4:00 Chair Exercise
23	24	25	26	27	28	29
9:00 Morning Meditation 9:30 Catholic Mass 10:45 Chair Exercise 3:30 Afternoon Movie & Popcorn	10:30 Sing Along Time 2:00 Special Music with David Scott 3:30 Movin' with Maddie	10:30 Music Bingo 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:30 Music with Ginger!	10:00 Devotions & Hymns 11:00 Exercise with Jen 2:00 Outdoor Strolls 3:30 Sing Along Time	10:00 Chair Exercise 10:30 Outdoor Strolls 3:00 The Rick & Patti Show	10:30 Bingo 2:00 Craft Time 3:00 Beach Ball Toss	11:00 Memory Chi 2:00 Rummikub 3:00 Bingo 4:00 Chair Exercise
30	21	IN DOOM	SUPPLIES AVAILABLE	Language and the second second		

9:30 Catholic Mass
10:30 Bingo with the
Volunteers
2:00 Chair Exercise
3:00 Outdoor Strolls

10:30 Sing Along Time 2:00 Outdoor Strolls 3:00 Movin' with Maddie 4:00 Refreshments IN ROOM SUPPLIES AVAILABLE

CROSSWORD PUZZLES, WORD SEARCH, MUSIC. MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT! PLEASE DON'T HESITATE TO ASK.

CALL TRAYCE AT 407- 672-1620 x1121
Activities are Subject to Change***



