

CALENDAR KEY: Green - Upstairs Blue - Outing Red - In house, special Pink - Families Only

Stafford Shores Activities February 2025


Sun Mon Tue Wed Thu Fri Sat

BLACK HISTORY MONTH



ALWAYS AVAILABLE FOR INDEPENDENT ENGAGEMENT:
Dominoes, puzzles, playing cards, activity books, adult coloring, nursery room, books to borrow, instruments for public use, IN2L activities (see staff to turn on IN2L TV), art supplies, & more!
All activities are subject to change based on new circumstances or resident request. Alternatives will be provided as appropriate. Please contact Emily at ESmith@TheMayflower.com for questions regarding activities in Stafford Shores.

1
 10:00 February Family Feud!
 11:15 Yoga Stretching
 1:30 Decorating Sunhats
 3:00 Allerton Cove Karaoke!
 5:45 Movie & Mocktails

2
 10:30 Morning Dance Break
 2:00 Dramatic Groundhog Day Reenactment feat. Russell the Groundhog Puppet 
 3:45 Color-by-Number
 5:45 Susie Q Singalong

3
 10:30 Chris in Concert
 1:30 Garden Club
 3:00 Resident Pick Table Games
 5:45 Lotion Hand Massages

4
 10:00 This Month in History
 11:15 Strolls Around the Lake
 1:30 Baking Red Velvet Cookies
 3:00 Stay Fit with Sarah
 4:00 Best Friends 1-on-1 Hour
 5:45 Black Voices of Music Singalong

5
 10:15 Devotion & Hymn Sing
 11:30 Lunch Outing to Taproom at Dubsread 
 2:00 Resident Council Meeting
 3:30 Spring Wreath Making with Mary & April
 5:45 Twister Mat Toss

6
 10:00 Seated Zumba
 11:15 Finish the Lyrics
 2:00 Learn How To... Eat with Chopsticks!
 3:30 Manicure Hour
 5:45 Table Tennis

7
 10:00 Rhythm Circle
 11:15 Heart Symmetry Paintings
 2:00 Memory Chi!
 3:30 Mystery IN2L Activity
 5:45 Sleeping Beauty Ballet & Fresh Popcorn

8
 10:00 Yoga Stretching
 11:00 Garden Club
 1:30 Making Spanakopita Cups
 3:00 Ginger in Concert
 5:45 Armchair Travel: Greece

9
 10:30 Robert in Concert
 2:00 Lotion Hand Massages
 3:45 BINGO! with April
 6:00 Superbowl Tailgate & Viewing Party! 

10
 11:00 Musical Ball Toss
 1:30 Garden Club with Master Gardeners
 3:00 Tracy in Concert
 5:45 Picture Book Club

11
 10:00 Donuts from Jane for Doc's Birthday!
 11:15 Name That Tune
 2:00 Therapy Dog Visit
 3:00 Stay Fit with Sarah
 4:00 Best Friends 1-on-1 Hour
 5:45 Valentine's Bracelet Making

12
 10:00 What Love Means to Me...
 11:00 Devotion & Hymn Sing
 1:30 Making Chocolate Covered Treats
 3:00 Charlie in Concert
 5:45 Balloon Volleyball


13
 10:00 What's in the Bag?!
 11:15 Cupid Shuffle Dancercise
 1:30 Making Valentine's Cards
 3:00 Valentine's Manicures
 4:15 Gentleman's Hangout
 5:45 Radio Garden Exploration

14
 10:30 Ukulele Love Song Singalong with Emily
 2:00 Memory Chi!
 2:45 Pink & Red Ice Cream Party! 
 4:00 History of Valentine's Day
 5:45 Valentine's Picture Match

15
 10:00 Yoga Stretching
 11:00 Garden Club with Master Gardeners
 1:30 Rummikub Corner
 3:00 Resident Pick IN2L Singalong
 5:45 Puzzles with Friends

16
 11:00 Balloon Baseball
 1:30 Card Games
 3:00 Steve in Concert
 5:45 Watercolor Class with Sue

17
 11:00 Parachute Play
 1:30 Garden Club with Master Gardeners 
 3:30 President's Day IN2L Trivia
 5:45 Lotion Hand Massages

18
 10:00 Instrument Jam Session
 11:15 Strolls Around the Lake
 1:30 Monthly Birthday Party with Magic with Rudy Castle! 
 3:00 Stay Fit with Sarah
 4:00 Best Friends 1-on-1 Hour
 5:45 Qwirkle Matching

19
 11:00 Devotion & Hymn Sing
 1:30 Girl Scout Cookie Social with Mary & April
 3:00 David in Concert
 5:45 Learn About the Civil Rights Movement

20
 11:00 Staff Chalk Art Contest
 1:30 Ballroom Dance with Joe
 3:00 Tissue Paper Heart Suncatchers
 3:00 Dementia Support Group
 4:00 Manicure Hour
 5:45 Jenga Blocks

21
 10:00 Charades
 11:15 Rhythm Circle
 2:00 Memory Chi!
 3:30 Jeopardy!
 5:45 Chats Over Hot Chocolate


22
 10:00 Yoga Stretching
 11:00 Garden Club with Master Gardeners
 1:30 Baking Molasses Bars
 3:00 Andy Constantini in Concert
 5:45 Armchair Travel: California

23
 11:00 Lotion Hand Massages
 1:30 Basketball Freethrow
 2:45 UNO!
 4:00 Best Friends 1-on-1 Hour
 5:45 Piano Singalong with Sue & Emily

24
 10:30 Ballroom Dancers
 1:30 Garden Club with Master Gardeners
 2:45 Musical Ball Toss
 3:45 BINGO!
 5:45 Spa Face Masks

25
 10:00 Pictionary!
 11:15 Balloon Volleyball
 1:30 Fact or Fiction?
 2:00 Therapy Dog Visit
 3:00 Stay Fit with Sarah
 3:45 Disco Bowling League
 5:45 Saxophone with Jordyn

26
 10:00 Seated Zumba
 11:00 Devotion & Hymn Sing
 1:30 Baking Zucchini Bread
 3:00 Broom Ball
 3:45 Stay Smart with Leigh
 5:45 Fairytale Story Circle

27
 10:00 Morning Dance Break
 11:15 Cornhole Toss
 1:15 Dessert Outing to Glass Knife
 2:00 Music & Legacy: Ray Charles
 4:00 Manicure Hour & Gentleman's Hangout 
 5:45 Picture Book Club

28
 10:00 Putt Putt Golf Practice
 11:15 Resident Pick IN2L Trivia
 2:00 Memory Chi!
 3:00 Music with Mike & Erik
 5:45 Sticky Petals Flower Craft

