

CALENDAR KEY: **Red** - Special Visitor, Performer, or Event **Green** - Upstairs Concert **Blue** - Outing **Pink** - Families Only (Email Emily for details, contact below)

STAFFORD SHORES ACTIVITIES ~ DECEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
11:15 Fall Undecorating 1:30 Seated Zumba 2:45 BINGO! 4:00 Best Friends 1-on-1 Hour 5:45 Resident Pick IN2L Singalong	11:15 Holiday Decorating Pt. 1 1:30 Card Games 2:45 Instrument Jam Session 4:00 Basketball Freethrow 5:45 Lotion Hand Massages	9:45 Balloon Volleyball 11:00 Holiday Decorating Pt. 2 1:30 Baking Tres Leches Cake 3:00 Stay Fit with Sarah 3:45 Winter Table Arrangements with Mary & April 5:45 Armchair Travel: Finland	11:15 Devotion & Hymn Sing 1:30 Chair Circuit Exercise 3:00 Roger in Concert 4:15 Parachute Play 5:45 Family Feud!	9:45 Morning Dance Break 10:30 Holiday Ukulele Singalong with Emily 1:30 Painting Christmas Stars 2:45 Manicure Hour 4:00 Resident Council Meeting 6:30 Christmas Lights Outing #1	9:45 Good News Network 11:00 Baking Cranberry Muffins 2:00 Memory Chi! 3:30 Holiday Catalogue Collages 5:45 Puzzles with Friends	9:45 Putt Putt Golf Practice 11:00 Yoga Stretching 2:00 Musical Ball Toss 4:00 Charades! 5:45 Table Tennis		
11:15 Seated Zumba 1:30 Mystery IN2L Activity 3:00 Tommy Lee in Concert 4:15 Best Friends 1-on-1 Hour 5:45 Broom Ball	11:15 Twister Mat Toss 1:30 Name That Tune - Jordyn's Style 2:45 Making Christmas Cards for Ronald McDonald House 4:00 Rummikub Corner 5:45 Dominoes	10:00 Annual Classic Car Parade! 1:30 Scarf Dancing 2:00 Therapy Dog Visit 3:00 Stay Fit with Sarah 3:45 Freestyle Painting 5:45 Picture Book Club	10:30 Devotion & Hymn Sing 12:00 Resident & Family Holiday Luncheon with Piano by Crystal 1:30 Decorating Stockings 2:45 Rhythm Circle 4:00 IN2L Balloon Burst Game 5:45 Disco Bowling League	9:45 What's That Sound?! 10:30 Festive Dance Party with Leigh & Elvis 1:30 Baking Mincemeat Tarts 2:45 Manicures & Men's Hour 4:00 Cornhole Toss 5:45 IN2L Deep Dive: "Winter"	9:45 What's in the Bag?! 11:00 Creative Storytelling 2:00 Memory Chi! 3:30 Group Gingerbread House Craft 5:45 Story Night: "The Gift of the Magi"	9:45 Big Group Crossword 11:00 Yoga Stretching 1:30 Partridge in a Pear Tree: Baking Pear Crisp 3:00 Allerton Cove Karaoke 5:45 Lotion Hand Massages		
11:15 Seated Zumba 1:30 BINGO! 3:00 Steve Moore in Concert 4:15 Best Friends 1-on-1 Hour 5:45 Two Turtle Doves: Watercolor Doves with Sue	11:15 Balloon Baseball 1:30 Who Sang That? 2:45 Card Games 4:00 Gift Wrapping Competition 5:45 Three French Hens: Armchair Travel to France	10:30 Four Calling Birds: "Telephone" Game 1:30 Baking Fruitcake 3:00 Stay Fit with Sarah 3:45 Winter Wreath Making with Mary & April 5:45 Finish the Lyrics	10:30 Devotion & Hymn Sing 2:00 Monthly Birthday Party 3:15 Five Golden Rings: Golden Ring Ornament Craft 4:15 How the Grinch Stole Christmas Reenactment 5:45 Qwirkle Matching	10:30 Six Geese a-Laying: Egg Balancing Contest 1:30 Ballroom Dance with Joe 3:00 World Dance with Natasha 3:00 Dementia Support Group 4:00 Manicure Hour 6:30 Christmas Lights Outing #2	9:45 Putt Putt Golf Practice 11:00 Pictionary! 2:00 Memory Chi! 3:00 LEGO Construction 5:45 Seven Swans a-Swimming: Swan Lake Ballet & Popcorn	9:45 Jenga Blocks 11:00 Yoga Stretching 1:45 Eight Maids a-Milking: Milk & Cookies Social 3:00 Ginger in Concert 5:45 Resident Pick IN2L Trivia		
11:15 Nine Ladies Dancing: Morning Dance Break 1:30 Painting Christmas Boxes 3:00 Music with Mike & Erik 4:15 Best Friends 1-on-1 Hour 5:45 Holiday Jeopardy!	11:15 Ten Lords a-Leaping: Staff Hopscotch Competition 11:15 Musical Ball Toss 1:30 Sugar Cookie Decorating 3:00 Mystery IN2L Activity 5:45 Spa Face Masks	9:45 Holiday Facts or Fiction? 10:45 Devotion & Hymn Sing 2:00 Therapy Dog Visit 3:00 Stay Fit with Sarah 3:45 MYO Hot Chocolate Bar 5:45 Eleven Pipers Piping: Holiday Saxophone with Jordyn	9:45 Opening Stockings! 10:45 Twelve Drummers Drumming: Piano Carols & Drums with Sue & Emily 1:30 Friendly "White Elephant" 3:00 Christmas Picture BINGO 5:45 Movie & Eggnog	9:45 Balloon Volleyball 11:00 Name That Tune - Emily's Style 1:30 Snow Globe Craft 2:45 Manicures & Men's Hour 4:00 Rummikub Corner 5:45 Broom Ball	10:30 Music with Andre & Nora 2:00 Memory Chi! 3:00 Bracelet Making 4:00 IN2L Deep Dive: "Hanukkah" 5:45 Color-by-Number	9:45 MadLibs! 11:00 Yoga Stretching 1:30 Baking Potato Latkes 3:00 UNO! 5:45 Hanukkah Singalong		
11:15 Seated Zumba 1:30 Instrument Jam Session 2:45 Hanukkah Trivia & History 4:00 Best Friends 1-on-1 Hour 5:45 Lotion Hand Massages	10:30 Craig Thomas in Concert 1:30 Disco Bowling League 2:45 BINGO! 4:00 New Years Celebrations Around the World 5:45 Dreidel Game	9:45 Rhythm Circle 11:00 Parachute Play 1:30 New Years Eve Party with Sue's Casino & Guitar by Ken! 3:00 Stay Fit with Sarah 3:45 Homemade Snow Science! 5:45 Picture Book Club					<p>ALWAYS AVAILABLE FOR INDEPENDENT ENGAGEMENT</p> <p>Dominoes, puzzles, playing cards, activity books, adult coloring, nursery room, books to borrow, instruments for public use, IN2L activities (see staff to turn on IN2L TV), art supplies, & more!</p> <p>★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★</p> <p>All activities are subject to change based on new circumstances or resident request. Contact Emily at ESmith@TheMayflower.com for any questions or comments regarding lifestyles in Stafford Shores.</p>	