

# The Mayflower Assisted Living November 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p align="center"><b>IN ROOM SUPPLIES AVAILABLE</b>  <b>CROSSWORD PUZZLES, WORD SEARCH, MUSIC, MAGAZINES AND</b>  <b>NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW</b>  <b>HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT! PLEASE DON'T</b>  <b>HESITATE TO ASK.</b>  <b>CALL TRAYCE AT 407- 672-1620 x1121</b>  <b>Activities are Subject to Change***</b></p>			<p align="center"><b>1</b></p> <p>10:00 Chair Exercise            10:30 Bingo            2:00 Watercolor Hour            3:30 Sing Along Time</p>	<p align="center"><b>2</b></p> <p>10:00 Chair Exercise            11:00 Jewish Pavilion/IL            11:00 Memory Chi            3:00 Bingo            4:00 Room Visits</p>
<p align="center"><b>3</b></p> <p>9:00 Devotions            9:30 Catholic Mass            10:45 Chair Exercise            3:00 Janie's Variety Music Show</p>	<p align="center"><b>4</b></p> <p>10:00 Chair Exercise            10:30 Sing Along Time            2:00 Outdoor Strolls            3:00 Refreshment Cart</p>	<p align="center"><b>5</b></p> <p>10:00 Chair Exercise            10:30 Watercolor Hour            11:15 Episcopal Service-IL            2:00 Get Strong with Sarah            5:00 Catholic Mass/IL</p>	<p align="center"><b>6</b></p> <p>10:00 Devotions &amp; Hymns            10:30 Chair Exercise            2:00 Jingo Game            3:00 The Rick &amp; Patti Show</p>	<p align="center"><b>7</b></p> <p>10:00 Chair Exercise            10:30 Colored Pencil Art            3:00 Sixties By Two Band</p>	<p align="center"><b>8</b></p> <p>10:00 Chair Exercise            10:30 Bingo            2:00 Trivia Time            4:00 Craft Time with Park Maitland Elementary</p>	<p align="center"><b>9</b></p> <p>10:00 Chair Exercise            11:00 Memory Chi            3:00 Bingo            4:00 Sing Along Time            Volunteer Visits from Wekiva HS</p>
<p align="center"><b>10</b></p> <p>9:00 Devotions            9:30 Catholic Mass            10:30 Bingo with Ranae, Natalia &amp; Rayli            2:00 Chair Exercise            3:30 Music with Ginger!</p>	<p align="center"><b>11</b></p> <p>10:00 Chair Exercise            10:30 Sing Along Time            2:00 Fall Craft Time            3:00 Refreshment Cart</p>	<p align="center"><b>12</b></p> <p>10:00 Chair Exercise            11:15 Episcopal Service-IL            2:00 Get Strong with Sarah            3:00 Monthly Birthday Party with Jazzy Jon            3:30 Volunteer Visits</p>	<p align="center"><b>13</b></p> <p>10:00 Devotions &amp; Hymns            10:30 Chair Exercise            2:00 Watercolor Hour            3:00 Ukulele Sing Along with Emily</p>	<p align="center"><b>14</b></p> <p>10:00 Chair Exercise            10:30 Watercolor Hour            3:00 Happy Hour with Rick &amp; Patti</p>	<p align="center"><b>15</b></p> <p>10:00 Chair Exercise            10:30 Bingo            2:00 Sing Along Time            3:30 Popcorn &amp; a Movie            Driving Miss Daisy</p>	<p align="center"><b>16</b></p> <p>10:00 Chair Exercise            11:00 Memory Chi            3:00 Bingo            4:00 Room Visits</p>
<p align="center"><b>17</b></p> <p>9:00 Devotions            9:30 Catholic Mass            10:45 Chair Exercise            3:00 Janie's Variety Music Show</p>	<p align="center"><b>18</b></p> <p>10:00 Chair Exercise            10:30 Sing Along Time            2:00 Outdoor Strolls            3:00 Resident Meeting</p>	<p align="center"><b>19</b></p> <p>10:00 Chair Exercise            10:30 Arts &amp; Crafts with Jackie            11:15 Episcopal Service-IL            2:00 Get Strong with Sarah            3:30 Music by Harmony 123</p>	<p align="center"><b>20</b></p> <p>10:00 Devotions &amp; Hymns            10:30 Chair Exercise            2:00 Sing Along Time            3:00 The Rick &amp; Patti Show</p>	<p align="center"><b>21</b></p> <p>10:00 Chair Exercise            10:30 Music Bingo            3:00 Sixties By Two Band</p>	<p align="center"><b>22</b></p> <p>10:00 Chair Exercise            10:30 Bingo            2:00 Thanksgiving Trivia            3:30 Colored Pencil Art</p>	<p align="center"><b>23</b></p> <p>10:00 Chair Exercise            11:00 Memory Chi            3:00 Bingo            4:00 Sing Along Time            Volunteers Visits from Wekiva HS</p>
<p align="center"><b>24</b></p> <p>9:00 Devotions            9:30 Catholic Mass            10:30 Bingo with Ranae Natalia &amp; Rayli            2:00 Chair Exercise            3:30 Music with Ginger!</p>	<p align="center"><b>25</b></p> <p>10:00 Chair Exercise            10:30 Sing Along Time            2:00 Special Music by David Scott            3:30 Refreshment Cart</p>	<p align="center"><b>26</b></p> <p>10:00 Chair Exercise            11:15 Episcopal Service-IL            2:00 Get Strong with Sarah            3:00 Watercolor Hour</p>	<p align="center"><b>27</b></p> <p>10:00 Devotions &amp; Hymns            10:30 Chair Exercise            2:00 Sing Along Time            3:00 Refreshment Cart</p>	<p align="center"><b>28</b></p> <p align="center"></p> <p>9:00 Macy's Day Parade            10:00 Chair Exercise            3:00 Sixties By Two Band</p>	<p align="center"><b>29</b></p> <p>10:00 Chair Exercise            10:30 Bingo            2:00 Sing Along Time            3:30 Popcorn Cart</p>	<p align="center"><b>30</b></p> <p>10:00 Chair Exercise            11:00 Memory Chi            3:00 Bingo            4:00 Room Visits</p>