

CALENDAR KEY: Red - Special Visitor or Performer Green - Upstairs Event Blue - Outing Pink - Families Only (Email Emily for details, contact below)

# STAFFORD SHORES ACTIVITIES ~ NOVEMBER 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
 <p><b>ALWAYS AVAILABLE FOR INDEPENDENT ENGAGEMENT:</b>            Dominoes, puzzles, playing cards, activity books, adult coloring, nursery room, books to borrow, instruments for public use, IN2L activities (see staff to turn on IN2L TV), art supplies, &amp; more!</p>						<p>10:00 Balloon Volleyball            10:30 Miniature Pony Visit!            11:00 Garden Club            2:00 Memory Chi!            3:30 Making Chili Combread Casserole for Dinner            5:45 Jordyn's Saxophone Show</p>	<p>10:00 Halloween Undecorating &amp; Fall Decorating            11:15 Yoga Stretching            1:30 Disco Bowling League            3:00 Ginger in Concert            5:45 November in History</p>
<p>3            11:15 Seated Zumba            1:45 Guess Who?!            3:00 Tommy Lee in Concert            4:15 Best Friends 1-on-1 Hour            5:45 Lotion Hand Massages</p>	<p>4            11:15 Morning Dance Break            1:30 Musical Ball Toss            2:45 Family Feud!            4:00 Card Games            5:45 BINGO! with April</p>	<p>5            10:00 Garden Club            11:15 Finish the Lyrics            1:30 Twister Mat Toss            2:00 Dog Therapy Visit!            3:00 Stay Fit with Sarah            4:00 Resident Council Meeting            5:45 Armchair Travel: Louisiana</p>	<p>6            10:00 Devotion &amp; Hymn Sing            11:30 Lunch Outing to Boston's Fishhouse            1:30 Charades!            2:45 Basketball Freethrow            4:00 Emily's Ukulele Singalong            5:45 Qwirkle Matching</p>	<p>7            10:30 Rhythm Circle            11:15 Strolls Around the Lake            1:30 Autumn Trees Paintings            2:45 Manicure Hour            4:00 Resident Pick IN2L Singalong            5:45 Jenga Blocks</p>	<p>8            10:00 What's That Sound?            11:15 Garden Club            2:00 Memory Chi!            3:30 IN2L Deep Dive: "Family"            5:45 Good News Network</p>	<p>9            10:00 Big Group Crossword            11:15 Yoga Stretching            1:30 Baking Cinnamon Sugar Donuts            3:00 Allerton Cove Karaoke!            5:45 Piano Singalong with Sue &amp; Emily</p>	
<p>10            11:15 Red Light, Green Light            1:30 Rummikub Corner            2:45 Instrument Jam Session            4:00 Best Friends 1-on-1 Hour            5:45 Mystery IN2L Activity</p>	<p>11            10:00 Seated Zumba            11:15 Group Scavenger Hunt            1:30 Virtual Art Gallery            3:00 Veterans Day Ceremony            4:15 Fact or Fiction?            5:45 Musical BINGO!</p>	<p>12            10:00 Garden Club            11:15 Morning Dance Break            1:30 Baking Apple Streudel            3:00 Stay Fit with Sarah            4:00 Invisible Ink Science!            5:45 Dominoes</p>	<p>13            10:30 Devotion &amp; Hymn Sing            1:30 Balloon Baseball            2:30 Pumpkin Pie Social Hosted by Mary &amp; April            3:45 IN2L Balloon Burst Game            5:45 Lotion Hand Massages</p>	<p>14            10:00 Chair Circuit Exercise            11:15 One Word Per Letter            1:30 Dreamcatcher Craft            2:45 Manicures &amp; Men's Hour            4:00 Name That Tune!            5:45 Night at the Movies with Fresh Popcorn</p>	<p>15            10:00 Cornhole Toss            11:15 Garden Club            2:00 Memory Chi!            3:45 Guided Reminiscing            5:45 Puzzles with Friends</p>	<p>16            10:30 Memories &amp; Melodies with Elisa Marie            1:30 Ranking Fast Food French Fries            3:00 Resident Pick IN2L Trivia            4:00 Yoga Stretching            5:45 Chicken Soup for the Soul</p>	
<p>17            11:15 Seated Zumba            1:30 UNO!            2:45 Best Friends 1-on-1 Hour            3:45 Handbell Choir            5:45 Watercolor Class with Sue &amp; Lynne</p>	<p>18            11:15 Morning Dance Break            1:30 Ice Cream Sundae Bar            2:45 Musical Ball Toss            4:00 Mickey Mouse Sketch Class            5:45 BINGO! Happy Hour</p>	<p>19            10:00 Garden Club            11:15 Balloon Volleyball            1:30 Disney Classics Singalong            2:00 Dog Therapy Visit!            3:00 Stay Fit with Sarah            4:00 Armchair Travel: Puerto Rico            5:45 Spa Face Masks</p>	<p>20            10:30 Devotion &amp; Hymn Sing            1:30 Outing to Festival of Trees at Orlando Museum of Art            1:45 Find the Difference            3:00 David Scott in Concert            4:15 Table Tennis            5:45 Qwirkle Matching</p>	<p>21            10:00 Rhythm Circle            11:15 Strolls Around the Lake            1:30 Ballroom Dance with Joe            2:45 Group Cornucopia Craft            3:00 Dementia Support Group            4:00 Manicure Hour            5:45 Resident Pick Table Games</p>	<p>22            10:00 Putt Putt Golf Practice            11:15 Garden Club            2:00 Memory Chi!            3:00 Allerton Cove Birthday Party with Music by Ron Rich            5:45 Jenga Blocks</p>	<p>23            10:00 MadLibs!            11:15 Yoga Stretching            1:30 Making Peanut Butter Fudge            3:15 IN2L Deep Dive: "Thanksgiving"            5:45 Emily's Ukulele Singalong</p>	
<p>24            11:15 Seated Zumba            1:30 Rummikub Corner            2:45 Lotion Hand Massages            4:00 Mystery IN2L Activity            5:45 Bracelet Making</p>	<p>25            10:30 Ballroom Dancers            1:30 Thanksgiving Jeopardy!            2:45 LEGO Construction            4:00 Best Friends 1-on-1 Hour            5:45 BINGO! with April</p>	<p>26            10:00 Garden Club            11:15 Morning Dance Break            1:45 Monthly Birthday Party with Saxophone by Jordyn!            3:00 Stay Fit with Sarah            4:00 Painting Pinecones            5:45 Wacky Laws IN2L Trivia</p>	<p>27            10:00 Chair Circuit Exercise            10:45 Devotion &amp; Hymn Sing            1:30 Pinecone Turkey Craft            2:30 Manicures &amp; Men's Hour            3:45 Stay Smart with Leigh            5:45 Disco Bowling League</p>	<p>28            9:00 Macy's Thanksgiving Day Parade Viewing &amp; "Thankful" Tree            12:00 Thanksgiving Luncheon with Guitar by Fred Hodes            2:00 First Thanksgiving Dramatic Reenactment            3:15 Apple Cider &amp; Turkey Day Trivia            5:45 Turkey Color-by-Number</p>	<p>29            10:00 Instrument Jam Session            11:15 Garden Club            2:00 Memory Chi!            3:30 Pictionary            5:45 Black Friday Shopping Game</p>	<p>30            10:00 What's in the Bag?!            11:15 Yoga Stretching            1:30 Making Biscuits &amp; Homemade Herb Butter            3:00 Music with Mike &amp; Erik            5:45 Dominoes</p>	

All activities are subject to change based on new circumstances or resident request. Alternatives will be provided as appropriate. Contact Emily at [ESmith@TheMayflower.com](mailto:ESmith@TheMayflower.com) for any questions or comments regarding lifestyles in Stafford Shores.