



CALENDAR KEY: **Green - Upstairs** **Blue - In house special event** **Red - Outing** **Pink - Families Only**

STAFFORD SHORES ACTIVITIES ~ OCTOBER 2024



ALWAYS AVAILABLE FOR INDEPENDENT ENGAGEMENT:
Dominoes, puzzles, playing cards, activity books, adult coloring, nursery room, books to borrow, instruments for public use, IN2L games (see staff to turn on IN2L TV), art supplies, & more!



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		10:00 Garden Club 11:15 Morning Dance Break 1:30 Baking Spinach & Cheese Pinwheels 3:00 Stay Fit with Sarah 4:00 Armchair Travel: China 5:45 Qwirkle Matching	9:45 Chair Circuit Exercise 10:45 Devotion & Hymn Sing 1:30 Manicure Hour 3:00 Craig in Concert 3:45 Fall Wreath Making with Mary & April 5:45 Jenga Blocks		11:15 Fact or Fiction? 1:30 Instrument Jam Session 2:45 Rummikub Corner 4:00 Disco Bowling League 5:45 Fall Decorating Pt. 1	10:30 Garden Club 11:15 Fall Decorating Pt. 2 2:00 Memory Chi! 3:30 Outer Space IN2L Trivia 5:45 BINGO! Happy Hour	8:30 Walk to End Alzheimer's (Registration Starts 7:30) 1:30 Baking Peach Cobbler 2:45 Origami Class 4:00 Yoga Stretching 5:45 Piano Singalong with Sue & Emily
11:15 Basketball Freethrow 1:30 Are You Smarter Than a Fifth Grader? 3:00 Tommy in Concert 4:00 Best Friends 1-on-1 Hour 5:45 Card Games	11:15 Seated Zumba 1:30 Dr. Basting's "Beautiful Questions" 2:45 Scarf Dancing 4:00 Name That Tune 5:45 Mystery IN2L Activity	10:00 Finish the Lyrics 11:15 Garden Club 1:30 Charades! 2:00 Dog Therapy Visit 3:00 Stay Fit with Sarah 4:00 Resident Council Meeting 5:45 Puzzles with Friends	9:45 Chair Circuit Exercise 10:45 Devotion & Hymn Sing 11:30 Lunch at Boston's Fishhouse 1:30 Hanging Ghosts & Bats Craft 3:00 Charlie in Concert 4:00 IN2L Crossword Puzzles 5:45 Table Tennis	10:00 Rhythm Circle 11:15 Learn the Macarena! 1:30 Ice Cream Sundae Bar! 2:45 Manicures & Men's Hour 4:00 Water Xylophone Science 5:45 Night at the Cinema	10:00 Garden Club 11:15 Good News Highlights 2:00 Memory Chi! 3:30 IN2L Deep Dive: "October" 5:45 Resident Pick Table Games	10:00 Musical Ball Toss 11:15 Yoga Stretching 1:30 World Dance with Natasha 3:00 Allerton Cove Karaoke! 5:45 Farming Family Feud!	
11:15 Balloon Volleyball 1:30 U.S. Navy IN2L Trivia 3:00 Steve Moore in Concert 4:00 Best Friends 1-on-1 Hour 5:45 Watercolor Class with Sue	11:15 Seated Zumba 1:30 Rummikub Corner 2:45 Jordyn's Saxophone Show 4:00 Lotion Hand Massages 5:45 The Indigenous Peoples of Florida	10:00 Garden Club 11:15 Morning Dance Break 1:30 Baking Healthier Oatmeal Raisin Cookies 3:00 Stay Fit with Sarah 3:45 Fill in the Blanks 5:45 BINGO! with April	9:45 Chair Circuit Exercise 10:30 Spiritual Devotions with Rev. Harrity 1:30 October Birthday Party! 2:45 Tiny Pumpkin Decorating 4:00 Emily's Ukulele Singalong 5:45 What Does That Mean?	10:00 Cornhole Toss 11:15 Strolls Around the Lake 1:30 Ballroom Dance with Joe 2:45 Balloon Burst Word Game 3:00 Dementia Support Group 4:00 Manicure Hour 5:45 Dominoes	10:00 Garden Club 11:15 Twister Mat Toss 2:00 Memory Chi! 3:30 Armchair Travel: Alaska 5:45 Jenga Blocks	10:00 Creative Storytelling 11:15 Yoga Stretching 1:30 Baking Pumpkin Bread 3:00 Ginger in Concert 5:45 Picture Book Club	
11:15 Balloon Baseball 2:00 Classical Music Duo by Infinite Strings 3:00 Best Friends 1-on-1 Hour 4:00 Find the Difference 5:45 Spa Face Masks	11:15 Seated Zumba 1:30 What's That Sound? 2:45 Guided Reminiscing 4:00 LEGO Construction 5:45 Resident Pick IN2L Singalong	10:00 Garden Club 11:15 Morning Dance Break 1:30 Jeopardy! 2:00 Dog Therapy Visit 3:00 Stay Fit with Sarah 3:45 Stafford Shores Fashion Show! 5:45 Color-by-Number	9:45 Chair Circuit Exercise 10:45 Devotion & Hymn Sing 1:30 Trip to Rollins Art Museum 3:00 Oktoberfest Concert with Corky! 4:00 Bracelet Making 5:45 UNO!	10:00 Rhythm Circle 11:15 Big Group Crossword 1:30 Halloween Headband Craft 2:45 Manicures & Men's Hour 4:00 MadLibs 5:45 Passing out Candy to Trick-or-Treaters!	10:00 Garden Club 11:15 Virtual Art Gallery 2:00 Memory Chi! 3:30 Baking Cornbread Chili Casserole for Dinner 5:45 BINGO! Happy Hour	10:00 Putt-Putt Golf Practice 11:15 Yoga Stretching 1:30 Pictionary! 3:00 Music by Andy Constantini 5:45 Stafford Shores Stories Club	
11:15 Seated Zumba 1:30 Instrument Jam Session 3:00 What's in the Bag? 4:00 Best Friends 1-on-1 Hour 5:45 Broom Ball	10:30 Ballroom Dancers 1:30 Parachute Play 2:45 Mystery IN2L Activity 4:00 Rummikub Corner 5:45 Lotion Hand Massages	10:00 Garden Club 11:15 Morning Dance Break 1:30 Halloween Cookie Decorating with Mary & Emily 3:00 Stay Fit with Sarah 4:00 Scrabble Word Game 5:45 Jordyn's Saxophone Show	9:45 Chair Circuit Exercise 10:45 Devotion & Hymn Sing 1:30 Painting Pinecones 2:30 Spooky Manicure Hour 3:45 Stay Smart with Leigh 5:45 Trick-Or-Trivia	10:00 Balloon Volleyball 11:15 Walker & Wheelchair Decorating 1:30 Getting our Costumes On! 3:00 Halloween Party! 4:00 BINGO-ween! 5:45 Halloween Around the World	 		

All activities subject to change based on new circumstances or resident request. Alternatives will be provided as appropriate. Contact Emily at ESmith@TheMayflower.com for any questions or comments regarding lifestyles in Stafford Shores.