


The Mayflower Assisted Living

July 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Therapy Dog Visits 3:00 Exercise with Maddie	2 10:00 Chair Exercise 10:30 Room Visits 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Ukulele Sing Along with Emily 5:00 Catholic Mass/IL	3 10:00 Devotions & Hymns 10:30 Chair Exercise 11:00 Pet Visits with Thor 2:00 Bingo 3:00 Refreshment Cart	 Independence Day 4 10:00 Chair Exercise 10:30 Patriotic Sing Along Time 3:00 Sixties By Two Band 	5 10:00 Chair Exercise 10:30 Bingo 2:00 Patriotic Trivia 3:30 Popcorn Cart	6 10:00 Chair Exercise 11:00 Jewish Pavilion/IL 11:00 Memory Chi 3:00 Bingo 4:00 Room Visits	
	7 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 Janie's Variety Music Show	8 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Bingo 3:00 Exercise with Maddie	9 10:00 Chair Exercise 10:30 Room Visits 11:15 Episcopal Service-IL 2:00 Craft Time with Trayce 3:00 Refreshment Cart	10 10:00 Devotions & Hymns 10:30 Chair Exercise 2:00 Music Bingo 3:00 Refreshment Cart	11 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Colored Pencil Art 3:00 Music with Jazzy Jon	12 10:00 Chair Exercise 10:30 Bingo 2:00 Watercolor Hour 3:30 Ice Cream Cones	13 10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo 4:00 Popsicles
	14 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:30 Music with Ginger!	15 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Therapy Dog Visits 3:00 Exercise with Maddie	16 10:00 Chair Exercise 10:30 Room Visits 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Arts & Crafts with Jackie	17 10:00 Devotions & Hymns 10:30 Chair Exercise 2:00 Music Bingo 3:00 Monthly Birthday Party with Jazzy Jon	18 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Watercolor Hour 3:00 Sixties By Two Band	19 10:00 Chair Exercise 10:30 Bingo 2:00 Trivia Time 3:30 Popcorn Cart	20 10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo 4:00 Room Visits
	21 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 Janie's Variety Music Show	PRIMARY ELECTION VOTING DAY 22 10:00 Chair Exercise 10:30 Water Color Hour 2:00 Special Music with David Scott 3:30 Exercise with Maddie	23 10:00 Chair Exercise 10:30 Room Visits 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:30 Harmony 123 Children's Group	24 10:00 Devotions & Hymns 10:30 Chair Exercise 11:00 Pet Visits with Thor 2:00 Music Bingo 3:00 Craft Time with Mary	25 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Resident Meeting 3:00 Music with Jazzy Jon	26 10:00 Chair Exercise 10:30 Bingo 2:00 Balloon Toss 3:30 Bug Bingo	27 10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo 4:00 Popsicles
	28 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:30 Music with Ginger!	29 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Outdoor Strolls 3:00 Exercise with Maddie	30 10:00 Chair Exercise 10:30 Watercolor Hour 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Peach Pie & Ice Cream	31 10:00 Devotions & Hymns 10:30 Chair Exercise 2:00 Ocean Bingo 3:00 Refreshment Cart	<p style="text-align: center;">IN ROOM SUPPLIES AVAILABLE CROSSWORD PUZZLES, WORD SEARCH, MUSIC, MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT! PLEASE DON'T HESITATE TO ASK. CALL TRAYCE AT 407- 672-1620 x1121 Activities are Subject to Change***</p>		

