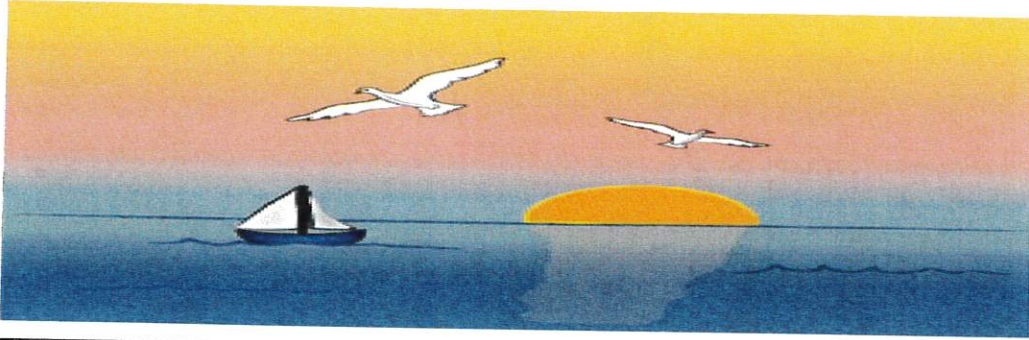


The Mayflower Assisted Living

September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<p align="center">IN ROOM SUPPLIES AVAILABLE CROSSWORD PUZZLES, WORD SEARCH, MUSIC, MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT! PLEASE DON'T HESITATE TO ASK. CALL TRAYCE AT 407- 672-1620 x1121</p>		1	2
3 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 Janie's Variety Music Show	4 LABOR DAY 10:00 Chair Exercise 2:00 Patriotic Sing Along 3:00 Exercise with Maddie	5 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 5:00 Catholic Mass/IL	6 10:00 Pet Visits with Thor 10:00 Chair Exercise 11:00 Devotions & Hymns with Joseph Thompson 1:30 Grief Support Group/IL 3:00 The Jazz Cats	7 10:00 Chair Exercise 10:30 Sip & Paint 3:00 The Sixties by Two Band	8 10:00 Chair Exercise 10:30 Jingo Game 2:00 Tabletop Bowling 3:30 Bingo Bash	9 10:00 Chair Exercise 11:00 Memory Chi 2:00 Bingo Bash 3:30 Sing Along Time
10 ASSISTED LIVING WEEK BEGINS 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 Janie's Variety Music Show	11 PATRIOT DAY 10:00 Chair Exercise 2:00 Craft Time with Mary 3:00 Exercise with Maddie	12 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:30 Popcorn and a Movie	13 10:00 Chair Exercise 11:00 Devotions & Hymns 3:00 Ice Cream Social	14 10:00 Chair Exercise 10:30 Sip & Paint 12:30 Lunch Music with Shirley & Monthly Birthday Party 3:30 Ocean Bingo Game	15 10:00 Chair Exercise 10:30 Bingo Bash 3:00 Sing Along Time 4:00 Trivia	16 ROSH HASHANAH 10:00 Chair Exercise 11:00 Memory Chi 2:00 Bingo Bash 3:30 Colored Pencil Art Class
17 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:30 Music with Ginger!	18 10:00 Chair Exercise 2:00 Craft Time with Mary 3:00 Exercise with Maddie	19 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Arts & Crafts with Jackie 3:30 Get Strong with Sarah	20 10:00 Chair Exercise 11:00 Devotions & Hymns with Alison Harranty 3:00 The Jazz Cats	21 10:00 Chair Exercise 10:30 Sip & Paint 3:00 The Sixties by Two Band	22 10:00 Chair Exercise 10:30 Colored Pencil Art Class 2:00 Bean Bag Toss 3:30 Bingo Bash	23 FIRST DAY OF AUTUMN 10:00 Chair Exercise 11:00 Tabletop Bowling 2:00 Bingo Bash 3:30 Adult Coloring Class
24 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:30 Music with Ginger!	25 YOM KIPPUR 10:00 Chair Exercise 2:00 Special Music with David Scott 3:00 Exercise with Maddie	26 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:30 Outdoor Strolls	27 10:00 Pet Visits with Thor 10:00 Chair Exercise 11:00 Devotions & Hymns with Rev, Thomas Hensley 3:00 Resident Meeting	28 10:00 Chair Exercise 10:30 Colored Pencil Art Class 3:00 Ukulele Sing Along with Emily	29 10:00 Chair Exercise 10:30 Bingo Bash 3:00 Outdoor Strolls 4:00 Trivia	30 10:00 Chair Exercise 11:00 Memory Chi 2:00 Bingo Bash 3:30 Sing Along Time