The Mayflower Assisted Living June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	IN ROOM SUPPLIES AVAILABLE CROSSWORD PUZZLES, WORD SEARCH, MUSIC. MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT! PLEASE DON'T HESITATE TO ASK. CALL TRAYCE AT 407- 672-1620 x1121 Activities are Subject to Change***			1 10:30 Watercolor Hour 3:00 Classical Music with Isaiah 4:00 Refreshment Cart	2 10:30 Bingo Bash 2:00 Trivia Time 3:30 Chair Exercise/TV Room	3 11:00 Jewish Pavilion/IL 11:00 Memory Chi 3:00 Bingo Bash 4:00 Sing Along Time
4 9:00 Devotions Live 9:30 Catholic Mass 3:00 Janie's Variety Music Show 4:00 Refreshment Cart	5 10:30 Watercolor Hour 2:00 Sing Along Time 3:00 Exercise with Maddie 4:00 Refreshment Cart	6 10:30 Morning Strolls 11:15 Episcopal Communion-IL 2:00 Get Strong with Sarah 4:00 Bingo Bash 5:00 Catholic Communion/IL	7 10:00 Pet Visits with Thor 11:00 Devotions & Hymns w/ Pastor Joseph Thompson 1:30 Grief Support Group/IL 3:00 The Jazz Cats	8 10:30 Bingo Bash 12:30 Monthly Birthday Party with Lunch Music by Shirley 3:30 Chair Zumba	9 10:30 Bingo Bash 2:00 Tabletop Bowling 4:00 Sing Along Time	10 11:00 Memory Chi 3:00 Bingo Bash 4:00 Chair Exercise
11 9:00 Devotions Live 9:30 Catholic Mass 3:30 Music with Ginger!	12 10:30 Craft Time 2:00 Sing Along Time 3:00 Exercise with Maddie 4:00 Refreshment Cart	13 10:30 Chair Exercise 11:15 Episcopal Communion-IL 2:00 Get Strong with Sarah 3:30 Popcorn & Cokes 5:00 Catholic Communion/IL	14 FLAG DAY 11:00 Devotions w/Rabbi Engel 2:00 Music Bingo 3:30 Popsicle Treats	15 10:30 Watercolor Hour 3:00 The Jazz Cats 4:30 Chair Exercise	16 10:30 Bean Bag Toss 2:00 Bingo Bash 4:00 Chair Exercise	17 11:00 Memory Chi 3:00 Bingo Bash 4:00 Sing Along Time
18 HAPPY FATHER'S DAY 9:00 Devotions Live 9:30 Catholic Mass 3:00 Father's Day Classical Music with Isaiah & Root Beer Floats	19 10:30 Craft Time 2:00 Music Bingo 3:00 Exercise with Maddie Refreshment Cart	20 10:30 Morning Strolls 11:15 Episcopal Communion-IL 2:00 Arts & Crafts with Jackie 3:30 Get Strong with Sarah 5:00 Catholic Communion/IL	21 FIRST DAY OF SUMMER 10:00 Pet Visits with Thor 11:00 Devotions & Hymns 3:00 The Jazz Cats	22 10:30 Bingo Bash 2:00 Watercolor Hour 3:30 Chair Zumba	23 10:30 Sing Along Time 2:00 Bug Bingo 4:00 Trivia Time	24 11:00 Memory Chi 3:00 Bingo Bash 4:00 Chair Exercise
25 10:30 Pet Visits with MuMu 9:00 Devotions Live 9:30 Catholic Mass 3:30 Music with Ginger!	26 10:30 Colored Pencil Art Class 2:00 Special Music with David Scott 3:00 Exercise with Maddie 4:00 Refreshment Cart	27 10:30 Sing Along Time 11:15 Episcopal Communion-IL 2:00 Get Strong with Sarah 3:30 Outdoor Strolls 5:00 Catholic Communion/IL	28 11:00 Devotions & Hymns w/ Thomas Hensley 3:00 Resident Meeting 4:00 Refreshment Cart	29 10:30 Water Color Hour 3:00 Ice Cream Social Hour 4:30 Chair Exercise	30 10:30 Bingo Bash 2:00 Chair Exercise 4:00 Sing Along Time	