


The Mayflower Assisted Living

May 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:30 Craft Time/Thank You Cards for our Nurses 2:00 Music Bingo 3:00 Exercise with Maddie 4:00 Refreshment Cart	2 10:30 Morning Strolls 11:15 Episcopal Communion-IL 2:00 Get Strong with Sarah 3:30 Bingo Bash 5:00 Catholic Communion/IL	3 11:00 Devotions & Hymns w/ Pastor Joseph Thompson 1:30 Grief Support Group/IL 2:00 Brain Games 3:00 Chips & Salso	4 10:30 Watercolor Hour 3:00 The Sixties by Two Band 4:30 Chair Exercise	5 10:30 Jingo Game 2:00 Best Friends Connections 4:00 Outdoor Strolls	6 NURSES WEEK BEGINS MAY 6-12 11:00 Jewish Pavilion/IL 11:00 Memory Chi 3:00 Bingo Bash 4:00 Sing Along Time
7 9:00 Devotions Live 9:30 Catholic Mass 3:00 Janie's Variety Music Show 4:00 Refreshment Cart	8 10:30 Mother's Day Flower Arranging Craft 2:00 Sing Along Time 3:00 Exercise with Maddie 4:00 Refreshment Cart	9 10:30 Morning Strolls 11:15 Episcopal Communion-IL 2:00 Get Strong with Sarah 3:30 Mother's Day Tea Party 5:00 Catholic Communion/IL	10 10:00 Pet Visits with Thor 11:00 Devotions & Hymns 2:00 Outdoor Strolls 3:00 Music with Shirley & Stan 4:00 Refreshment Cart	11 10:30 Watercolor Hour 12:30 Monthly Birthday Party with Lunch Music by Shirley 3:00 Bus Ride to Downtown Winter Park & Jeremiahs Italian Ice	12 10:30 Spa Hour 2:00 Best Friends Connections 4:00 Outdoor Strolls	13 11:00 Memory Chi 3:00 Bingo Bash 4:00 Chair Exercise
14 HAPPY MOTHER'S DAY! 9:00 Devotions Live 9:30 Catholic Mass 11:00 A Mother's Day Treat 3:30 Music with Ginger!	15 10:30 Craft Time 2:00 Music Bingo 3:00 Exercise with Maddie	16 10:30 Morning Strolls 11:15 Episcopal Communion-IL 1:30 Arts & Crafts with Jackie 3:30 Get Strong with Sarah 5:00 Catholic Communion/IL	17 11:00 Devotions & Hymns w/ Rev. Alison Harrity 3:00 Ice Cream Social Hour 4:30 Sing Along Time	18 10:30 Watercolor Hour 2:00 Ocean Bingo 3:00 The Sixties by Two Band 4:30 Chair Exercise	19 10:30 Bean Bag Toss 2:00 Best Friends Connections 4:00 Outdoor Strolls	20 ARMED FORCES DAY 11:00 Memory Chi 3:00 Bingo Bash 4:00 Sing Along Time
21 9:00 Devotions Live 9:30 Catholic Mass 3:00 Janie's Variety Music Show 4:00 Refreshment Cart	22 11:00 Colored Pencil Art Class 3:00 Exercise with Maddie 4:00 Refreshment Cart	23 10:30 Morning Strolls 11:15 Episcopal Communion-IL 2:00 Get Strong with Sarah 3:30 Happy Hour 5:00 Catholic Communion/IL	24 11:00 Devotions & Hymns w/ Rev. Thomas Hensley 3:00 The Jazz Cats Musical Group 4:00 Refreshment Cart	25 10:30 Watercolor Hour 2:00 Bug Bingo 3:30 Root Beer Floats 4:30 Chair Exercise	26 10:30 Bingo Bash 2:00 Best Friends Connections 4:00 Outdoor Strolls	27 11:00 Memory Chi 3:00 Bingo Bash 4:00 Chair Exercise
28 9:00 Devotions Live 9:30 Catholic Mass 3:30 Music with Ginger! 4:00 Refreshment Cart	29 HAPPY MEMORIAL DAY!! 11:00 Colored Pencil Art Class 2:00 Special Music with David Scott 3:00 Exercise with Maddie 4:00 Refreshment Cart	30 10:30 Morning Strolls 11:15 Episcopal Communion-IL 2:00 Get Strong with Sarah 3:30 Bingo Bash 5:00 Catholic Communion/IL	31 10:00 Pet Visits with Thor 11:00 Devotions & Hymns 2:00 Outdoor Strolls 3:00 Resident Meeting 4:00 Sing Along Time	<p>IN ROOM SUPPLIES AVAILABLE CROSSWORD PUZZLES, WORD SEARCH, MUSIC, MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT! PLEASE DON'T HESITATE TO ASK. CALL TRAYCE AT 407- 672-1620 x1121 Activities are Subject to Change****</p>		