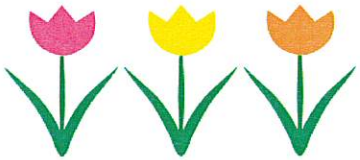


The Mayflower Assisted Living

March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>IN ROOM SUPPLIES AVAILABLE</p> <p>CROSSWORD PUZZLES, WORD SEARCH, MUSIC, MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT!</p> <p>PLEASE DON'T HESITATE TO ASK.</p> <p>CALL TRAYCE AT 407- 672-1620 x1121</p> <p>Activities are Subject to change***</p> 			<p>1</p> <p>11:00 Devotions & Hymns w/ Pastor Joseph Thompson 1:30 Grief Support Group/IL 2:00 Outdoor Strolls 3:00 The Jazz Cats Musical Group</p>	<p>2</p> <p>10:30 Watercolor Hour 2:00 Ocean Bingo 3:00 The Sixties by Two Band 4:30 Chair Exercise</p>	<p>3</p> <p>10:30 Tabletop Volleyball 2:00 Best Friends Connections 4:00 Outdoor Strolls</p>	<p>4</p> <p>11:00 Jewish Pavilion/IL 11:00 Memory Chi 3:00 Bingo Bash 4:00 Chair Exercise</p>
<p>5</p> <p>9:00 Devotions Live 9:30 Catholic Mass 3:00 Janie's Variety Music Show 4:00 Refreshment Cart</p>	<p>6</p> <p>11:00 Colored Pencil Art Class 2:00 Music Bingo 3:00 Exercise with Maddie 4:00 Refreshment Cart</p>	<p>7</p> <p>10:30 Morning Strolls 11:15 Episcopal Communion-IL 2:00 Get Strong with Sarah 3:30 Bingo Bash 5:00 Catholic Communion/IL</p>	<p>8</p> <p>11:00 Devotions & Hymns w/ Rev. Alison Harrity 2:00 Brain Games 3:30 Shamrock Shakes</p>	<p>9</p> <p>10:30 Watercolor Hour 12:30 Monthly Birthday Party with Lunch Music by Shirley 2:00 Best Friends Connections 3:30 Lakeside Strolls</p>	<p>10</p> <p>10:30 Bingo Bash 2:00 Spa Hour 3:30 Porch Time</p>	<p>11</p> <p>11:00 Memory Chi 3:00 Music Bingo 4:30 Trivia Time</p>
<p>DAYLIGHT SAVING TIME BEGINS</p> <p>12</p> <p>9:00 Devotions Live 9:30 Catholic Mass 3:00 Music with Ginger! 4:00 Refreshment Cart</p>	<p>13</p> <p>11:00 Craft Time 2:00 Armchair Travel to Ireland 3:00 Exercise with Maddie 4:00 Refreshment Cart</p>	<p>14</p> <p>10:30 Outdoor Strolls 11:15 Episcopal Communion-IL 2:00 Get Strong with Sarah 3:00 Soft Pretzels & Green Beer 5:00 Catholic Communion/IL</p>	<p>15</p> <p>11:00 Devotions & Hymns w/Rev. Alison Harrity 2:00 Pet Therapy Visits 3:30 Bingo Bash</p>	<p>16</p> <p>10:30 Morning Strolls 3:00 The Sixties by Two Band 4:30 Best Friends Connections</p>	<p>17</p> <p>ST. PATRICK'S DAY</p> <p>10:30 St. Patrick's Day Trivia 2:00 Bingo Bash 3:30 Brain Games</p>	<p>18</p> <p>11:00 Memory Chi 3:00 Bingo Bash 4:00 Outdoor Strolls</p>
<p>19</p> <p>9:00 Devotions Live 9:30 Catholic Mass 3:00 Janie's Variety Music Show 4:00 Refreshment Cart</p>	<p>FIRST DAY of SPRING</p> <p>20</p> <p>11:00 Colored Pencil Art Class 2:00 Music Bingo 3:00 Exercise with Maddie 4:00 Harmony 123 Childrens Group</p>	<p>21</p> <p>10:30 Outdoor Strolls 11:15 Episcopal Communion-IL 1:30 Arts & Crafts with Jackie 3:30 Get Strong with Sarah 5:00 Catholic Communion/IL</p>	<p>RAMADAN BEGINS</p> <p>22</p> <p>11:00 Devotions & Hymns 1:00pm - 3:00pm Tru Ear Clinic/IL 3:00 The Jazz Cats Musical Group</p>	<p>23</p> <p>10:30 Watercolor Hour 2:00 Outdoor Strolls 3:30 Root Beer Floats 4:30 Chair Exercise</p>	<p>24</p> <p>10:30 Bean Bag Toss 2:00 Sing Along Time 3:30 Coffee & Conversation</p>	<p>25</p> <p>11:00 Memory Chi 3:00 Jingo Game 4:00 Refreshment Cart</p>
<p>26</p> <p>9:00 Devotions Live 9:30 Catholic Mass 3:00 Music with Ginger! 4:00 Refreshment Cart</p>	<p>27</p> <p>11:00 Craft Time 2:00 Music Bingo 3:00 Exercise with Maddie 4:00 Refreshment Cart</p>	<p>28</p> <p>10:30 Morning Strolls 11:15 Episcopal Communion-IL 2:00 Get Strong with Sarah 3:30 Sing Along Time 5:00 Catholic Communion/IL</p>	<p>29</p> <p>11:00 Devotions & Hymns w/ Thomas Hensley 3:00 Grief Support Group/IL 3:30 Moore than Jazz with Steve Moore</p>	<p>30</p> <p>10:30 Watercolor Hour 2:00 Door to Door Chats 3:00 Cookies, Coffee & Conversation 4:30 Outdoor Strolls</p>	<p>31</p> <p>10:30 Let's Bowl 2:00 Outdoor Strolls 3:00 Trivia Time</p>	